**Game Time Policy**

The ILFC Game time policy acts as a guideline for all coaches within the club to ensure that all players are given the chance to develop the love for football as per the clubs values.

Our policy varies based on the age of the player, the following applies:

* **U4-U12 – Equal Game Time For All Players**

All Players will receive equal game time in each game. It is the responsibility of the coach to rotate player in multiple positions to enable equal positional development including Goal Keepers.

It is important to note that even if a players primary position is Goal Keeper, they will be rotated onto the field to ensure their skills develop like all other outfield players. ILFC have a emphaisis on developing keeper’s feet to the same level as permanent outfield players.

* **U13-U18 – Equal Game Time over the course of the season**

All players in these age groups will naturally bond to a particular position, hence the rotation of players to play all position diminishes. However it’s important not to specialize a player into one position, ie Defenders should be able to play multiple defensive positions within the team, likewise with attacking players.

During these age groups, results are counted, hence we allow coaches discretion on a week to week basis, but over the course of the season players will receive equal game.

During these ages, players have the ability to earn more game time by demonstrating the right attitude and improving their performances week to week.

* **U18 + Coaches Discretion.**

All players have to earn the right to play, players are not guaranteed minutes on the field as it’s left entirely to the coaches discretion.

**Exceptions**

No matter what the age group, there may be exceptions to the above based on injury, sickness, lack of discipline, suspension or breaking the clubs code of conduct.

**Complaints**

If you have a complaint in relation to the policy, please contact the Technical Director in the NPL space the member protection officer.